ON THIS MONTH IN HISTORY

Writer and Philosopher George Santayana famous quote says, “those who do not remember the past are doomed to repeat it.” In accordance with this statement it is important to share what serves as a lesson and guide to a united future and to corroborate that which should be celebrated. On this month in history, Halle Tanner Dillon Johnson became the first woman and African-American to be awarded the MD degree in the state of Alabama. One of a handful of women and the only African-American then at Woman’s Medical College of Pennsylvania, she graduated in 1891 with high honors after three years of study. Tanner trained as a resident physician at Tuskegee Institute. With the help of Booker T. Washington, the principle of Tuskegee at the time, she took and passed a ten-day exam (yup, you read that right.) for Alabama State Medical License. She then worked at Tuskegee as a Physician, Teacher, Pharmacist and ran her own private practice for three years. She founded a training school for nurses and drug dispensary. Before passing in 1901, from complications resulting from childbirth Dr. Halle Tanner had four children.

Sources: http://www.blackpast.org/aah/johnson-halle-tanner

ANNONYMOUSLY ASK (AA)

This column, titled AA, is meant for all Concordia students who have a question about diversity, inclusion, exclusion, affinity groups and the like. Feel free to send in your anonymous questions to https://goo.gl/Mf7UVp

On this month’s AA, we are asked: Why is it important to be inclusive and what is the importance of diversity?

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Diversity and inclusivity is important for any cooperation to thrive. We live in a multifarious society and it is vital to represent that diversity in any department we serve. A diverse workplace breeds diverse thought and ideas that make progress and growth possible. Studies have shown that we are compelled to perform best around those who do not look like us. We are a dynamic nation filled with various perspective and a need to be heard and recognized. A well-oiled machine works when all the unique parts work in tandem and in sync (No relation to the popular band) to accomplish a desired goal. Dear Asker, I hope this sheds some light and answers your question. To find out more on this topic, feel free to visit the website https://www.worldandi.com for more insight.

Thank you for your question. If you would like to submit a question of your own for a chance to see it published and answered here please visit our anonymous google form at https://goo.gl/Mf7UVp

Contributors: Yashica Island, Chi Urom
MUSIC SUGGESTION

This column will contain music suggestion that may be pertinent to the hustle and bustle of your busy month.

If you're in the vibe for a motivational tune with an energetic ensemble try **Hard Love** by the Rock band, **Needtobreathe** (All one word).

Are you in your feelings? try **In My Feelings** by **Drake**

Do you need to work out or need a quick pick me up? Try the song **Lemon** by N.E.R.D ft. Rihanna or **Walk on water** by Eminem (songs contain explicit lyrics)

In the mood for worship? Try Listening to **I'm Getting Ready** by Tasha Cobbs Leonard ft. Nicki Minaj.

Keep up with trending music by listening to **SAD!**
By the late rapper **XXXTentacion**. Side note: Rapper **XXXTentacion** was killed in an armed robbery incident this summer. Even though he struggled with depression he still managed to put out captivating music.

If you or someone you know is struggling with depression please know that the Campus wellness center has counselors and health care providers available to help.

Hoping these songs adds value to your busy days.
We would love to know what is on your playlist!
Send in your suggestions to [https://goo.gl/Mf7UVp](https://goo.gl/Mf7UVp)

THE NEWSLETTER IN A NUTSHELL

The OMS newsletter is a pioneering effort by the Office of Multicultural Services to inform, educate and entertain the diverse students we serve here at Concordia University. Published every month in the semester, the newsletter features four columns. The first column titled: **On This Day in History** will highlight significant individuals or events that are of a diverse or multicultural perspective. The second column, euphemistically titled **AA for Anonymously Ask** will feature questions we receive via our anonymous google form. We appreciate your respectfulness.

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The last two columns are transient and will feature alternating content. An important aspect of the newsletter to notice is the color of the header titles. The color of the titles corresponds with a disease awareness month. For example, September is **World Alzheimer's month** ([https://www.alz.org](https://www.alz.org)) and the associated color for the disease ribbons is purple. Lastly, this newsletter is a collaborative effort and we encourage participation and contributions from all students. If you have specific questions about the information published or would like to contribute a story or suggestion, kindly email curom@mail2.cu-portland.edu

Written By: Chidozie (Chi) Urom
Concordia University-Portland
Psychology with a minor in Chemistry
curom@mail2.cu-portland.edu