



CONCORDIA
UNIVERSITY

HEALTH HISTORY FORM for STUDENT HEALTH SERVICES

Last Name _____ First Name _____ MI _____

Date of Birth day _____ month _____ year _____ Student my.CU ID G00 _____

Year and Semester of Entry: Year _____ Semester Fall Spring Summer 1 Summer 2

HEALTH SERVICES REQUIREMENTS AND RECOMMENDATIONS

Required - Measles (**Rubeola**) documentation is a state of Oregon law (details *Certificate of Immunization*).

Recommended - all immunizations are up to date (see www.cdc.gov/vaccines).

Recommended - up to date wellness exam /screening tests (check with your health care provider).

Recommended – please learn about your health insurance (as a beginning review the web site).

Health Insurance Company _____ No insurance? Check here _____

PERSONAL HISTORY

Name you prefer to be called _____ Country of Birth _____

CU mailing address _____

City _____ State ____ Zip _____ Country _____

Phone _____ email _____

Male ____ Female ____ Height _____ Weight _____

Are you under the care of a physician? No ____ Yes ____ (please specify) _____

Prescription meds, OTC meds, vitamins, herbal preparations, supplements? ____ No ____ Yes (please list)

Name _____ Purpose _____

Name _____ Purpose _____

Name _____ Purpose _____

Name _____ Purpose _____

Are you allergic to any medications? ____ No ____ Yes (please specify) _____

Do you use tobacco? No ____ Yes ____ Concerns? _____ Would you like help quitting? _____

Do you drink alcohol? No ____ Yes ____ Concerns? _____ Would you like information? _____

Do you have physical activity restrictions? (please describe) _____

(continued on next page)

Have you ever been hospitalized or had surgery? _____ No ___ Yes

Date _____ Reason _____

Date _____ Reason _____

Have you ever had or currently have any of the following conditions? Yes (circle) No

| | | |
|---|----------------------------|------------------------|
| Alcohol / Drug problems | Diabetes Type 1 / Type 2 | Kidney disease |
| Allergies (other than medications) Specify _____ | Eczema | Meningitis |
| Anemia | Epilepsy | Menstrual problems |
| Asthma | Gastro intestinal problems | Mental health problems |
| Chronic back problems | Hearing loss | Mono |
| Chronic bladder infections | Heart problems | Rheumatoid arthritis |
| Broken bones | Hepatitis | Thyroid disorder |
| Cancer | Hernia | Toxic shock |
| Congenital problem | High blood pressure | Tuberculosis |
| | High cholesterol | Other (specify _____) |

IMMUNIZATIONS (list dates or attach copy of your immunization record)

1. Measles/Mumps/Rubella (MMR) **REQUIRED** 2 doses # 1 _____ # 2 _____
2. Tetanus (Td / Tdap) most recent _____
3. Varicella (chickenpox) 2 doses 1st dose _____ 2nd dose _____ Had Disease _____
4. Hepatitis A (Hep A) 2 doses 1st dose _____ 2nd dose _____
5. Hepatitis B (Hep B) 3 doses 1st dose _____ 2nd dose _____ 3rd dose _____
6. Human Papillomavirus (HPV) 3 doses 1st dose _____ 2nd dose _____ 3rd dose _____
7. Meningococcal (MCV) _____
8. Influenza (seasonal flu) _____

FAMILY CONTACT INFORMATION

Name & please circle / parent, guardian, spouse, friend _____

Address _____

City _____ State _____ Zip _____ Country _____

Phone _____

In the past year, has a close friend/member of your family died, or been seriously ill?

_____ No _____ Yes Describe _____

Student Signature _____ Date _____